



100 Sentences of Present Perfect Continuous Tense

- 1) **Pos.** I have been studying for three hours.
Neg. I have not been studying for three hours.
Que. Have I been studying for three hours?
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- 2) **Pos.** You have been working hard all day.
Neg. You have not been working hard all day.
Que. Have you been working hard all day?
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- 3) **Pos.** He has been practicing the piano since morning.
Neg. He has not been practicing the piano since morning.
Que. Has he been practicing the piano since morning?
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- 4) **Pos.** She has been cooking dinner for us.
Neg. She has not been cooking dinner for us.
Que. Has she been cooking dinner for us?
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- 5) **Pos.** We have been exercising at the gym.
Neg. We have not been exercising at the gym.
Que. Have we been exercising at the gym?