

Example Sentences of Perfect continuous Form of Tense

1) Pos: You had been studying for hours before the exam.

Neg: You had not been studying for hours before the exam.

Que: Had you been studying for hours before the exam?

2) Pos: Sarah had been practicing her presentation for days before the conference.

Neg: Sarah had not been practicing her presentation for days before the conference.

Que: Had Sarah been practicing her presentation for days before the conference?

3) Pos: Sarah had been writing her novel for months before completing it.

Neg: Sarah had not been writing her novel for months before completing it.

Que: Had Sarah been writing her novel for months before completing it?

4) Pos: Sarah had been working out at the gym for an hour.

Neg: Sarah had not been working out at the gym for an hour.

Que: Had Sarah been working out at the gym for an hour?

5) Pos: I had been working on this project for the past week.

Neg: I had not been working on this project for the past week.

Que: Had I been working on this project for the past week?