Example Sentences of Perfect continuous Form of Tense

1) Pos: **John had been studying for the exam all night.**

Neg: John had not been studying for the exam all night.

Que: Had John been studying for the exam all night?

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2) Pos: **They have been discussing the project all day.**

Neg: They have not been discussing the project all day.

Que: Have they been discussing the project all day?

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3) Pos: **She has been working on her computer all day.**

Neg: She has not been working on her computer all day.

Que: Has she been working on her computer all day?

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4) Pos: **It has been raining since this morning.**

Neg: It has not been raining since this morning.

Que: Has it been raining since this morning?

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5) Pos: **We had been traveling for days before reaching our destination.**

Neg: We had not been traveling for days before reaching our destination.

Que: Had we been traveling for days before reaching our destination?